

#ICelebrate

The Joy Of Celebrations

Date: 05/27/20

Social Emotional Learning Department:

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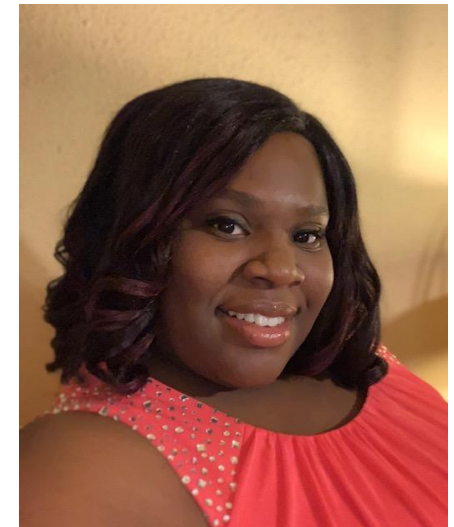
Contributors



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Teacher Behavior
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Objectives

-  Who's In the Room
-  The Season
-  Celebration Effects on the Brain
-  How Can We Celebrate
-  Let's Celebrate
-  #ICelebrate
-  Resources

Who's In The Room ?

Parents

!

Students

\$

Teachers

#

Administrators/Central
Office Staff

@

School Support
Staff/Essential
Workers

%

Nurses /Mental
Health

:)

Facilities
/Technology

&

HISD Police /
First Responders

*

Other

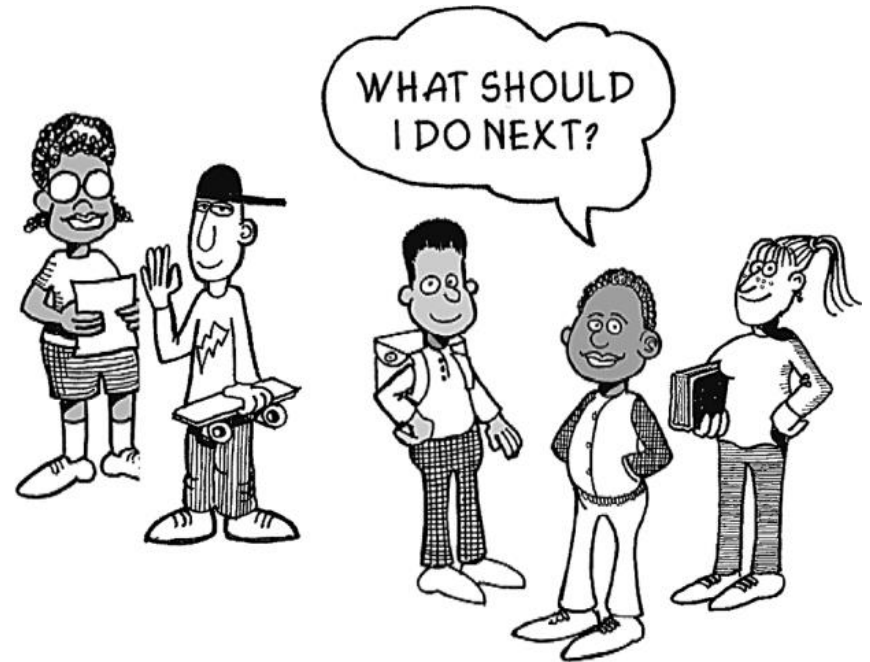
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The Season



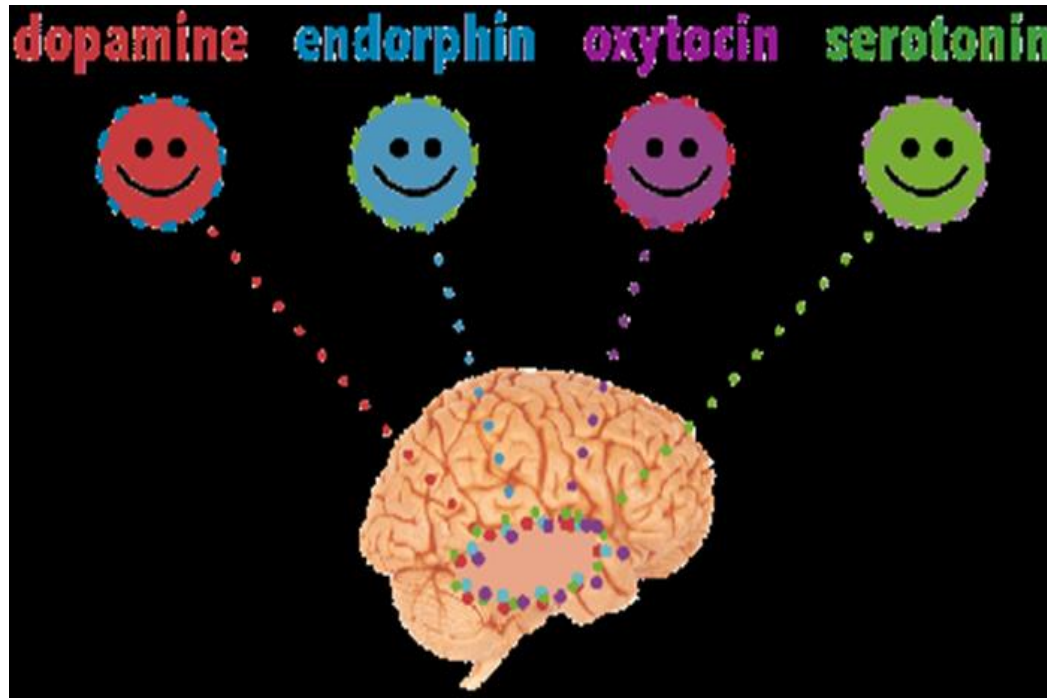
High Demands of Life

- ⑤ 5. Celebrations & affirmations are natural part of my self-care.
- ④ 4. Celebrations are good every once and a while.
- ③ 3. I understand the need to celebrate.
- ② 2. What is the big deal anyway? Let's keep it moving.
- ① 1 No time, too much to do.



Celebrations & Our Brains

Our Brain On Happy



Celebrations & Our Brains



Positive Affirmations



Lower heart rates



Blood pressure



Blood sugars

How Can We Celebrate?

Individuals

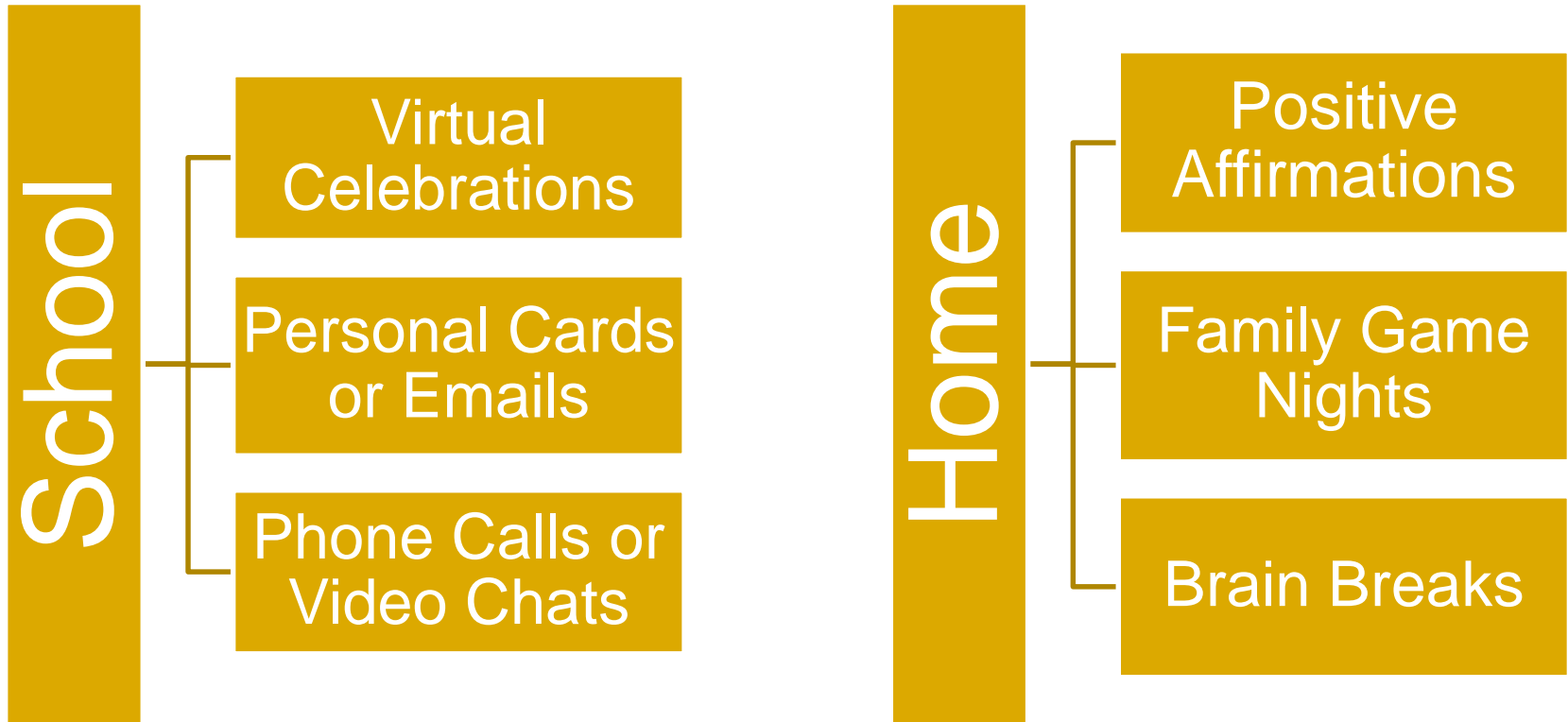
- 🌟 Positive Affirmations
- 🌟 Accentuate the Positive
- 🌟 Self–Care

Celebrate

Leaders

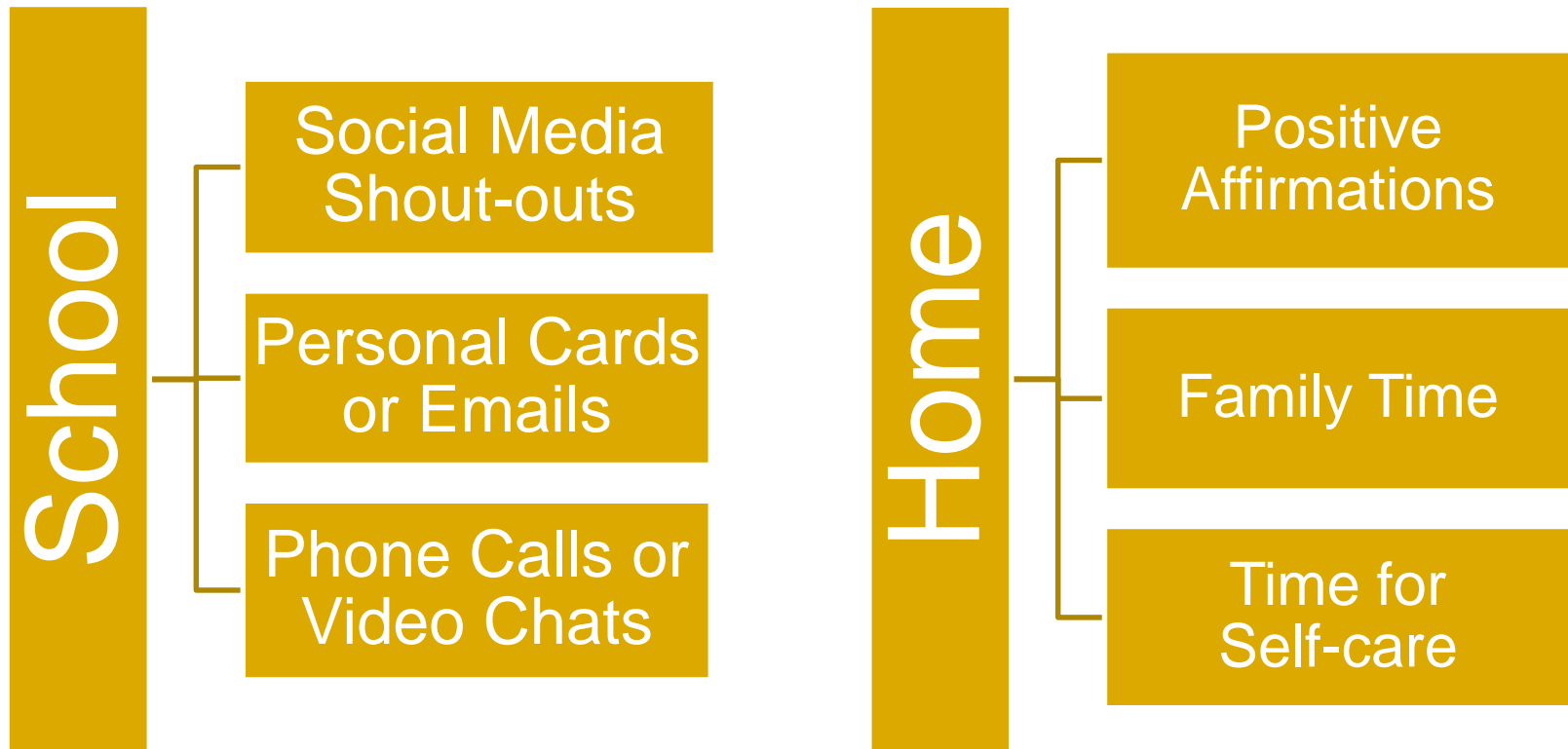
- 🌟 Positive Affirmations
- 🌟 Send a personal card by mail
- 🌟 Shout-outs on School Platforms
- 🌟 Campus Website & Social Media Pages
- 🌟 Record a message

How Can We Celebrate Our Students?







How Can We Celebrate Our Parents?

Parents







Celebrating Youth Actions

At home

-  Cleaning around the home or apartment
-  Assisting with homework or reading to a younger sibling
-  Helping with yardwork or washing the family car
-  Signing on for summer school

During school

-  Helping another student with homework
-  Signing on for summer school
-  Assisting the teacher with contacting another student
-  Being courteous to others online

What Can Adults Celebrate?



Let's Celebrate

We would like to take a moment to celebrate

- 🌟 Parents
- 🌟 Students
- 🌟 First Responders
- 🌟 Essential Workers
- 🌟 School Staff
- 🌟 2020 Graduates
- 🌟 Grade Level Promotion
- 🌟 OURSELVES



#ICelebrate

#ICelebrate @RoyPBenavidez1 who's wraparound specialist has been working tirelessly to ensure the BZ community has resources.

#ICelebrate @APMataHISD for being an awesome leader.

#ICelebrate @HISDSupe and @TeamHISD for a job well done!

Celebrate someone special by tweeting us
@SELHISD using **#ICelebrate**.

#ICelebrate

#ICelebrate Mr. Mayweather, Kindergarten Teacher at @Sinclair_ES for outstanding contributions during this time of pandemic and ensured that student learning was priority over everything. #MayweatherMustangs

#ICelebrate @SELHISD Y'all are amazing!

#ICelebrate @singh_Namrata Mommy a big shoutout to u!

Celebrate someone special by tweeting us @SELHISD using #ICelebrate.

#ICelebrate

HISD | Social & Emotional Learning
PERSONAL ATTENTION. UNIVERSAL SUCCESS.

Is there someone you would like to

**CELEBRATE,
SHOUT-OUT,
SALUTE,
or RECOGNIZE**

for a job well done during these
uncertain times?

Tweet us @SELHISD using #Celebrate and
that person may be recognized at our
upcoming Celebration Webinar!

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PERSONAL ATTENTION. UNIVERSAL SUCCESS.

¿Hay alguien a quien te gustaria

**FELICITAR,
ELOGIAR,
APLAUDIR,
o RECONOCER**

Por hacer un excelente trabajo
durante este tiempo incierto?

Manda un Tweet a @SELHISD usando
#ICelebrate y esa persona puede ser
reconocida en nuestro próximo Seminario
Web de Celebración!



Houston Independent School District
Social Emotional Learning Department

CONGRATULATIONS! # I CELEBRATE

(PERSON NAME HERE)

Certification of Awesomeness

Shout out! Salute! Recognize!



Awarded by: Shanita Akbar Date: 2019-2020 School Year

Houston Independent School District
Dr. Grenita Lathan, Interim Superintendent

Districto Escolar Independiente de Houston
Departamento de Aprendizaje Social y Emocional

¡FELICITACIONES! # YO CELEBRO

(NOMBRE DE LA PERSONA)

Certificado de Genialidad

**¡Agradecimiento Público! ¡Saludo!
¡Reconocimiento!**



Otorgado por: Shanita Akbar Fecha: 2019-2020 School Year

Districto Escolar Independiente de Houston
Dr. Grenita Lathan, Superintendente Interino

The more you praise and
celebrate your life,
the more there is in life
to celebrate.

Oprah Winfrey



The key to success is not
through achievement, but
through enthusiasm.

Malcolm S. Forbes

People Will
NEVER FORGET
how you made them

feel.

-Max Lucado

“KINDNESS IS
THE LANGUAGE
WHICH THE
DEAF CAN HEAR
AND THE
BLIND CAN SEE.”

MARK TWAIN

a LITTLE spark of
KINDNESS
can PUT a
COLOSSAL
BURST of
SUNSHINE
into SOMEONE'S day



HISD SEL Resources

Visit our website:

<https://www.houstonisd.org/sel>

Email us:

HISDSEL@houstonisd.org



Thank you

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